



# Get Wize 2 Health

## Healthy Schools Programme

We provide **FREE** support to secondary schools Auckland wide with the **Get Wize 2 Health** (GW2H) health, nutrition and physical activity, curriculum-based programme.

### What we offer:

Each secondary school will be offered the GW2H programme tailored to its needs, comprising of:

- ✦ Facilitator support/advice
- ✦ Staff training
- ✦ GW2H manual with teaching plans, photocopy resources, challenges, icebreakers, evaluation tools
- ✦ CD with PowerPoint presentations and handouts for printing
- ✦ DVD 'Stay in Touch' and 'Shop for your life' with curriculum-based study guide
- ✦ Fat and sugar display
- ✦ Posters, leaflets, games and resources
- ✦ Complementary tuckshop support

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